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Sports Massage designated area 30 Mins.....	30.00
Sports Massage designated area using Sonar 45 Mins.....	35.00
Sports Massage Whole Body (warm up) using Sonar 1 Hour.....	55.00
Swedish Massage Upper Body 30 Mins.....	30.00
Swedish Massage Whole Body 1 Hour.....	45.00
Stress Massage Back Shoulders and Neck 30 Mins.....	30.00
Stress Massage Upper Body with Sonar 45 Mins.....	40.00
Aromatherapy Half Body with Personal Oil Mix.....	30.00
Aromatherapy Full Body with Personal Oil Mix.....	50.00
Muscle Rehabilitation including Massage and Stretching using equipment and Sonar 1 Hour.....	50.00
Pilates One on One both Pre and Post Pregnancy 45 Mins.....	20.00
Pilates One on One for Elderly to improve Blood Circulation and Posture 45 Mins.....	20.00
Pilates One on One for General Persons with Equipment 1 Hour.....	25.00
Reflexology using both Manual and Electric Stimuli 1 Hour.....	35.00
Hawkins Slimming Machine 5 Sessions of 45 Mins Each.....	70.00
Hawkins Slimming Machine 10 Sessions of 45 Mins Each.....	130.00
Hawkins Slimming - Increase Sessions to 1 Hour Treatments (5).....	80.00
Hawkins Slimming - Increase Sessions to 1 Hour Treatments (10).....	150.00
Body Sculpting Wraps 1/2 Body Each 1 Hour Sessions.....	28.00
Body Sculpting Wraps Full Body 1 Hour Sessions.....	40.00
Body Sculpting Wraps 1/2 Body 5 Sessions 1 Hour Each.....	100.00
Body Sculpting Wraps Full Body 5 Sessions 1 Hour Each.....	150.00

**All treatments before 8.00am and after 7.30pm will incur a surcharge
As will Sundays and Public Holidays**